

Click on the event titles in the calendar squares to register with Zoom!

October 2026



Click on the event titles in the calendar squares to register for virtual workshops with Zoom.
After registering you will receive a confirmation email with information about joining the meeting.

Haga clic en los títulos de los eventos en los cuadros del calendario para registrarse en talleres virtuales con Zoom.
Después de registrarse, recibirá un correo electrónico de confirmación con información sobre cómo unirse a la reunión.

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8 Caringkind	9 Maurer Foundation	10
11	12 INDIGENOUS PEOPLE day	13	14	15	16 Sunnyside Community Services	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 HAPPY HALLOWEEN

SHOPP's Caregivers Program is funded by the U.S. Administration National Family Caregiver Support Program through the NYC Department for the Aging.

OCTOBER 8th at 3:00 P.M.
"Living and Caring Through Dementia"

OCTOBER 9th at 12:00 P.M.
"Take Charge of Your Breast Health!"

OCTOBER 16th at 3:30 P.M.
"The Feelings Wheel: Managing Emotions"