

CASA BORICUA
910 EAST 172ND
STREET
BRONX, NY 10460

SOUNDVIEW
SOCIAL CLUB
1674 SEWARD AVE
BRONX, NY 10473

NORC-LAFAYETTE
ESTATES
825 MORRISON AVE
LEVEL C
BRONX, NY 10473

MARCH 2026

GUESS OAC
2070 CLINTON AVE
BRONX, NY 10457

ELDER JUSTICE
PROGRAM
975 KELLY ST
SUITE 401
BRONX, NY 10457

CAREGIVERS
PROGRAM
975 KELLY ST
SUITE 401
BRONX, NY 10457

LEON OAC
735 EAST 152ND
STREET
BRONX, NY 10455



NEIGHBORHOOD Self Help by Older Persons Project
 Helping Older Adults Help Themselves



SHOPP SPECIAL EVENT CALENDAR

SITE CONTACTS

CASA BORICUA DARLENE SERRANO 718-542-0222
LEON OAC MERCEDES TORIBIO 718-708-6897
GUESS OAC STEFANIE VAZQUEZ 718-584-2357
NORC- LAFAYETTE ESTATES TANISHA WHITE 718-617-2216
SOUNDVIEW SOCIAL CLUB SHANEL GILBERT 929-263-1182
CAREGIVERS PROGRAM STEPHANIE ZAYAS 718-542-0006
ELDER JUSTICE PROGRAM CECILIE MENDEZ (718)542-0006

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Crocheting w/ Gladys at 1:00pm	4 CG WS - "Responding to Dementia-Related Behaviors" by ALZ @11:30am ★ Crocheting w/ Gladys at 1:00pm	5 Blood Pressure Screening 10am	6 Luck of the Irish Super Bingo 2pm	7
9 International Women Day (Tea Party) 1pm-3pm	10	11 Word Search Showdown 1-3pm	12 Blood Pressure Screening 10am	13 Performance By the Unity Unlimited Players 11am CG WS - "The Importance of Advanced Care Planning" by MJHS @4pm ★	14
16	17 Nutrition Presentation w/ Pnina 11:00am St. Patricks Day Celebration 12pm CG WS - "The Mindful Caregiver: Road to Resilience" by Sunnyside @2:30pm ★	18 Arthritis Presentation w/ Urgent Way Medical Center 1pm Once Upon A Quinceanero 1:30pm	19 Blood Pressure Screening 10am	20	21 Health Education (Nurse Maria) 1pm-2pm
23 CG WS - "Care Connected: Powering Better Outcomes Through Homecare Coordination" by BNV ★	24 Nutrition Presentation w/ Pnina 11:00am Presentation: NYC Department of Health and Mental Hygiene : Dementia 1pm-2pm	25 Presentation: FDNY 1pm-2pm	26 Blood Pressure Screening 10am Presentation: SHOPP Violence Intervention & Prevention (VIP) Program -1pm-2pm CG WS - "Dementia 101 Stages and abilities -Caregiving Through Changing Abilities and Dementia Stages" by Caringkind @3:30pm ★	27 Birthday Celebration 1:30pm MARCH MADENESS/MARCH BIRTHDAY CELEBRATION 11AM-2PM	28
30 Lucky to have you Jewelry Making 1pm-3pm	31 Woman's History Month/ Birthday Celebration 12pm				

IF YOU OR SOMEONE YOU KNOW HAS EXPERIENCED ELDER ABUSE PLEASE CONTACT OUR ELDER JUSTICE PROGRAM AT 718-542-0006 OR EMAIL VIP@NSHOPP.ORG

VIRTUAL EVENTS WILL BE MARKED WITH A ★