



JUNE 2025 PROGRAM

Leon Older Adult Center



SCAN ME



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Canvas Arts 11:00 am – Health Management 1:00 PM – Karaoke Signing 	3. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Technology Class 11:00 am – Chair Exercise (Tech World) 1:00 pm – Mental Health (Crosswords) World Bicycle Day FLEA MARKET	4. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Health Management 11:00 am – Creative Arts 1:00 pm – Karaoke Signing National Cheese Day	5. 8:30 am – Musica Del Ayer 9:00 am – Creative Arts 10:00 am – Staywell Exercise 11:00 am – Karaoke Singing National Ketchup Day	6. 8:30 am – Musica del Ayer 9:00 am – Morning Stretch 10:00 am – Canvas Arts 11:00 am – Chair Exercise (Tech World) 1:00 pm – Karaoke Singing National Doughnut Day
9. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Creative Arts 11:00 am – Technology Class National Donald Duck Day	10. 8:30 am – Leisure Dominios 9:00 am – Música Del Ayer 10:00 am – Creative Art 11:00 am – Chair Exercise (Tech World) National Iced Tea Day	11. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am –Technology 11:00 am –Canvas Arts 1:00pm – Karaoke Singing National Corn on the cob day FASHION SHOW@10 AM	12. 8:30 am – Música Del Ayer 9:00 am – Mental Health (Crosswords) 10:00 am – Staywell Exercise 11:00 am – Health Promotion STAFF OUTTING Closing @1pm	13. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Canvas Arts 11:00 am – Chair Exercise (Tech World) 1:30pm – FATHER'S DAY BBQ PARTY National Donut Day
16. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Creative Arts 11:00 am – Nutrition Class (Tech World) 1:00 pm – Karaoke Signing National Fudge Day	17. 8:30 am – Music Melodies 9:00 am – Morning Stretch 10:00 am – Painting by Numbers 11:00 am – Chair Exercise (Tech World) National Root Beer Day	18. 8:30 am – Leisure Dominós 9:00 am – Música Del Ayer 10:00 am – Health Promotion 11:00 am – Diamond Painting National Go Fishing Day	19. 	20. 8:30 am – Musica del Ayer 9:00 am – Morning Stretch 10:00 am –Coffee Time/w Mercedes 11:00 am – Chair Exercise World Blood Donor Day FIRST DAY OF SUMMER

23. 8:30 am – Music Melodies 9:00 am – Morning Stretch 10:00 am – Technology Class 11:00 am – Health Management 1:00 pm – Canvas Class National Pink Day	24. 8:30 am – Música Del Ayer 9:00 am – Morning Stretch 10:00 am – Diamond Painting 11:00 am – Chair Exercise (Tech World) 1:00 pm – Mental Health (Crosswords)	25.. 8:30 am – Musica Del Ayer 9:00 am – Morning Stretch 10:00 am – Health Management 11:00 am – Creative Arts 1:00 pm – Mental Health (Crosswords)	26. 8:30 am – Music Melodies 9:00 am – Technology Class 10:00 am – Staywell Exercise 11:00 am – Canvas Arts 12:00pm – Mental Health (Crossword Puzzles) National Coconut Day	27. 8:30 am – Leisure Dominos 9:00 am – Morning Stretch 10:00 am – Coffee Time/w Mercedes 11:00 am – Chair Exercise (Tech World) 1:00 pm – BIRTHDAY CELEBRATION National Sunglasses Day
30. 8:30 am – Música Del Ayer 9:00 am – Morning Stretch 10:00 am – Creative Arts 11:00 am – Mental Health (Crosswords)				
 NEIGHBORHOOD Self Help by Older Persons Project Helping Older Adults Help Themselves Funded By the NYC AGING		To participate, click on any scheduled time of activities for a direct link to join on ZOOM. – or –go to https://zoom.us/join and sign in using Member IDs & Passwords below		
 		Mercedes Activity Room Meeting ID: 455 486 5715 Password: Leon152 TECH WORLD ACTIVITY ROOM Meeting ID: 628 351 4488 Password: 111	ALL CLASSES ARE CONDUCTED IN SPANISH TODAS LAS CLASES SON EN ESPAÑOL CALENDAR SUBJECT TO CHANGE CALENDARIO SUJETO A CAMBIO 	Sponsors: Senior Whole Health Age Well Elderplan All Care Tech World LLC