



June 2025

**NORC PROGRAM
AT LAFAYETTE ESTATES
825 MORRISON AVE LEVEL C
BRONX, NY 10473
718-617-2216**



Monday

10am – Creative Arts 2
11am-Chair Exercise
12pm- Lunch
1pm- Technology Class
2pm – Line Dance

Tuesday

8:30 am- Morning Stretch 3
10am – Creative Arts RN*
11am –Cricut Class
12pm- Lunch
1pm- Chair Exercise
2pm- Pool Lessons

Wednesday

10am – Creative Arts 4
11am- Health Education -DF RN*
12pm- Lunch
1pm-Chair Exercise
2pm – Technology Class

Thursday

8:30am- Morning Stretch 5
10am-POOL Lessons
11am-Creative Arts
12pm- Lunch
1pm- Bingocize!
2pm- Line Dance

Friday

10am- Social Friday 6
11am – Creative Arts
12pm- Lunch
1pm- Recreational Games
2pm- Line Dance

10am –Crochet Class 9
11am- Creative Arts-DF
12pm- Lunch
1pm- Nutrition Education
2pm-Make you own Salad Day

10am- Creative Arts 10
11am- Chair Exercise RN*
12pm- Lunch
1pm-Recreational Games
2pm- Line Dance


10am-Pool Lessons 11
11am- Technology Class
12pm- Lunch RN*
1pm-Chair Exercise
2pm-Health Education
Maestros Fashion Show

**NO Water
Program Closed**

10am- Social Friday 13
11am –Creative Arts
12pm- Lunch
1pm-NORC Member Meeting
2pm-Line Dance

10am – Creative Arts 16
11am-Chair Exercise
12pm- Lunch
1pm- Sunnyside Home Care Presentation
2pm – Technology Class

10am– Creative Arts- DF 17
11am – Crochet Class RN*
12pm- Lunch
1pm - Chair Exercise
2pm-Recreational Games

 **Juneteenth
Brunch
11am- 2pm** 18 RN*

**WE WILL BE
CLOSED
ON 19TH JUNE FOR
JUNETEENTH** 19

10am- Social Friday 20
11am –Creative Arts
12pm- Lunch
1pm- Recreational Games
2pm-Line Dance

10am – Jewelry Making- DF 23
11am- Crochet Class
12pm- Lunch
1pm-Chair Exercise
2pm – Technology Class

10am – Creative Arts 24
11am –Chair Exercise
12pm- Lunch
1pm- 3pm
Talent is Timeless Round 1

10am-Line Dance 25
11am- Technology Class
12pm- Lunch
1pm-MOVIE DAY

10am-POOL Lessons 26
11am-Creative Arts
12pm- Lunch
1pm- Chair Exercise
2pm- Smoothie Day

10am – Creative Arts 27
11am- Social Friday
12pm- Lunch
1pm- NORC Member Meeting with Director
2pm- June Birthday Celebration

10am – Creative Arts 30
11am-Chair Exercise
12pm- Lunch
1pm- Health Education
2pm – Technology Class



MUST BE 60 YEARS OR OLDER TO JOIN



HAPPY
Father's
day

FUNDING PARTNERS

- NYC AGING
- NYC DEPARTMENT OF YOUTH AND COMMUNITY DEVELOPMENT
- NYS OFFICE OF VICTIM SERVICES
- NYS DEPRATMENT OF THE AGING

REMINDERS

RN ON SITE TUESDAYS AND WEDNESDAYS

Center Closed on 6/19 for Juneteenth

2pm closure on 6/18

Talent Show 6/24/25

Primary Election Day is 6/24/25 (Early voting from 6/14/25-6/22/25)