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# June 2025

**NORC PROGRAM  
AT LAFAYETTE ESTATES  
825 MORRISON AVE LEVEL C  
BRONX, NY 10473  
718-617-2216**



## Monday

10am - Creative Arts 2  
11am-Chair Exercise  
12pm- Lunch  
1pm- Technology Class  
2pm - Line Dance

## 10am - Crochet Class 9

11am- Creative Arts-DF  
12pm- Lunch  
1pm- Nutrition Education  
2pm-Make you own Salad Day

## 10am - Creative Arts 16

11am-Chair Exercise  
12pm- Lunch  
1pm- Sunnyside Home Care Presentation  
2pm - Technology Class

## 10am - Jewelry Making- DF 23

11am- Crochet Class  
12pm- Lunch  
1pm-Chair Exercise  
2pm - Technology Class

## 10am - Creative Arts 30

11am-Chair Exercise  
12pm- Lunch  
1pm- Health Education  
2pm - Technology Class

## Tuesday

8:30 am- Morning Stretch 3  
10am - Creative Arts RN\*  
11am -Cricut Class  
12pm- Lunch  
1pm- Chair Exercise  
2pm- Pool Lessons

## 10am- Creative Arts 10

11am- Chair Exercise RN\*  
12pm- Lunch  
1pm-Recreational Games  
2pm- Line Dance

## 10am- Creative Arts- DF 17

11am - Crochet Class RN\*  
12pm- Lunch  
1pm - Chair Exercise  
2pm-Recreational Games

## 10am - Creative Arts 24

11am -Chair Exercise  
12pm- Lunch  
1pm- 3pm Talent is Timeless Round 1



## Wednesday

10am - Creative Arts 4  
11am- Health Education -DF RN\*  
12pm- Lunch  
1pm-Chair Exercise  
2pm - Technology Class

## 10am-Pool Lessons 11

11am- Technology Class RN\*  
12pm- Lunch  
1pm-Chair Exercise  
2pm-Health Education  
Maestros Fashion Show

## Juneteenth Brunch 18

11am- 2pm RN\*

## 10am-Line Dance 25

11am- Technology Class  
12pm- Lunch  
1pm-MOVIE DAY

## Thursday

8:30am- Morning Stretch 5  
10am-POOL Lessons  
11am-Creative Arts  
12pm- Lunch  
1pm- Bingocize!  
2pm- Line Dance

## NO Water Program Closed 12

## WE WILL BE CLOSED ON 19TH JUNE FOR JUNETEENTH 19

## 10am-POOL Lessons 26

11am-Creative Arts  
12pm- Lunch  
1pm- Chair Exercise  
2pm- Smoothie Day

## Friday

10am- Social Friday 6  
11am - Creative Arts  
12pm- Lunch  
1pm- Recreational Games  
2pm- Line Dance

## 10am- Social Friday 13

11am -Creative Arts  
12pm- Lunch  
1pm-NORC Member Meeting  
2pm-Line Dance

## 10am- Social Friday 20

11am -Creative Arts  
12pm- Lunch  
1pm- Recreational Games  
2pm-Line Dance

## 10am - Creative Arts 27

11am- Social Friday  
12pm- Lunch  
1pm- NORC Member Meeting with Director  
2pm- June Birthday Celebration

### MUST BE 60 YEARS OR OLDER TO JOIN



HAPPY Father's day

- FUNDING PARTNERS
- NYC AGING
  - NYC DEPARTMENT OF YOUTH AND COMMUNITY DEVELOPMENT
  - NYS OFFICE OF VICTIM SERVICES
  - NYS DEPRATMENT OF THE AGING

### REMINDERS

**RN ON SITE TUESDAYS AND WEDNESDAYS**

Center Closed on 6/19 for Juneteenth  
2pm closure on 6/18  
Talent Show 6/24/25  
Primary Election Day is 6/24/25 (Early voting from 6/14/25-6/22/25)