

Click on the event titles in the calendar squares to register with Zoom!

MARCH 2025



Click on the event titles in the calendar squares to register for virtual workshops with Zoom. After registering you will receive a confirmation email with information about joining the meeting.

Haga clic en los títulos de los eventos en los cuadros del calendario para registrarse en talleres virtuales con Zoom. Después de registrarse, recibirá un correo electrónico de confirmación con información sobre cómo unirse a la reunión.

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9  Daylight Saving Time Begins	10	11 <u>Eszen Health Care</u>	12 <u>Columbia University Irving Comprehensive Cancer Center</u>	13 <u>R.A.I.N.</u>	14	15
16	17 HAPPY ST. PATRICK'S DAY	18	19 <u>Aesthetic Realism Foundation</u>	20 <i>hello Spring</i>	21	22
23	24	25	26 <u>Sunnyside Community Services CARE NYC</u>	27	28	29
30	31					

MARCH 6th at 11:00AM
"Introduction to R.A.I.N. Services"

MARCH 11th at 2:30PM
"Guiding an Improved Dementia Experience: Support for Caregivers"

MARCH 12th at 2:30PM
"Healthy Gut, Healthy Life: Spotlight on Colorectal Cancer, screening and prevention"

MARCH 19th at 3:00PM
"Every Person Can Tell You Something about Yourself—Aesthetic Realism Shows How!"

MARCH 26th at 3:00PM
"Overcoming Caregiver Negative Self-Talk"

SHOPP's Caregivers Program is funded by the U.S. Administration National Family Caregiver Support Program through the NYC Department for the Aging.