

**CASA BORICUA**  
**910 EAST 172ND**  
**STREET**  
**BRONX, NY 10460**

**SOUNDVIEW**  
**SOCIAL CLUB**  
**1674 SEWARD AVE**  
**BRONX, NY 10473**

**NORC-LAFAYETTE**  
**ESTATES**  
**825 MORRISON AVE**  
**LEVEL C**  
**BRONX, NY 10473**

# MARCH 2025

**GUESS OAC**  
**2070 CLINTON AVE**  
**BRONX, NY 10457**

**ELDER JUSTICE**  
**PROGRAM**  
**975 KELLY ST**  
**SUITE 401**  
**BRONX, NY 10457**

**CAREGIVERS**  
**PROGRAM**  
**975 KELLY ST**  
**SUITE 401**  
**BRONX, NY 10457**

**LEON OAC**  
**735 EAST 152ND**  
**STREET**  
**BRONX, NY 10455**



**NEIGHBORHOOD** Self Help by Older Persons Project  
 Helping Older Adults Help Themselves



## SHOPP SPECIAL EVENT CALENDAR

### SITE CONTACTS

CASA BORICUA DARLENE SERRANO 718-542-0222
LEON OAC MERCEDES TORIBIO 718-708-6897
GUESS OAC STEFANIE VAZQUEZ 718-584-2357
NORC- LAFAYETTE ESTATES ANGELICA CABRERA 718-617-2216
SOUNDVIEW SOCIAL CLUB SHANEL GILBERT 929-263-1182
CAREGIVERS PROGRAM STEPHANIE ZAYAS 718-542-0006
ELDER JUSTICE PROGRAM CECILIE MENDEZ (718)542-0006

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 BINGOCIZE AT NORC 1PM	4	5 FOOD PANTRY AT GUESS OAC BINGOCIZE AT NORC 1PM	6 CG WS - "Introduction to R.A.I.N. Services" by R.A.I.N. @ 11am Met Council Geriatric Services Presentation 1pm	7	8
10 BINGOCIZE AT NORC 1PM	11 CHAIR EXERCISE W/ VNS 11AM Elder Abuse Presentation 1pm-2pm Women's Month Celebration/ Tea party 1-3pm CG WS - "Guiding an Improved Dementia Experience: Support for Caregivers" by Essen Health Care @ 2:30pm	12 CG WS - "Healthy Gut, Healthy Life: Spotlight on Colorectal Cancer, screening and prevention" by Columbia University Irving Comprehensive Cancer Center @2:30pm BINGOCIZE AT NORC 1PM	13	14 Mardi Gras Concert A Masquerade Musical 1:30pm	15
17 ST. PATRICK'S DAY CELEBRATION 11AM St. Patrick's Day Celebration 1pm-3pm St. Patrick's Day Bingo Party 1:30pm BINGOCIZE AT NORC 1PM	18 NY LIFE Financial Planning Presentation 1pm	19 FOOD PANTRY AT GUESS OAC CG WS - "Every Person Can Tell You Something about Yourself --Aesthetic Realism Shows How!" by Aesthetic Realism Foundation @3pm BINGOCIZE AT NORC 1PM	20	21 ALL CENTER POOL TOURNAMENT AT CASA BORICUA 10A-3P	22
24 Hand Massage w/ All Care 11AM BINGOCIZE AT NORC 1PM	25	26 CG WS - "Overcoming Caregiver Negative Self-Talk" by Sunny Side Community @3pm BINGOCIZE AT NORC 1PM	27	28 Woman's History Month Celebration 1pm-3pm Birthday Celebration 1:30pm March Madness Game Day 1-3pm	29
31 Sleep Hygiene Presented by St. John's University 10AM BINGOCIZE AT NORC 1PM					

**IF YOU OR SOMEONE YOU KNOW HAS EXPERIENCED ELDER ABUSE PLEASE CONTACT OUR ELDER JUSTICE PROGRAM AT 718-542-0006 OR EMAIL VIP@NSHOPP.ORG**

**VIRTUAL EVENTS WILL BE MARKED WITH A ★**