

Click on the event info to register with Zoom!

¡Haga clic en la información del evento para registrarse con Zoom!

# FEBRUARY 2025

Click on the event info to register for virtual workshops with Zoom. After registering you will receive a confirmation email with information about joining the meeting.

Haga clic en la información del evento para registrarse en talleres virtuales con Zoom. Después de registrarse, recibirá un correo electrónico de confirmación con información sobre cómo unirse a la reunión.

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Columbia University Irving Comprehensive Cancer Center	5 Sunnyside Community Services CARE NYC	6	7	8
9	10	11	12	13	14 Valentine's Day	15
16	17 HAPPY Presidents DAY	18	19 Columbia University Irving Comprehensive Cancer Center	20	21	22
23	24	25	26 Aesthetic Realism Foundation	27 SHOPP Violence Intervention & Prevention (VIP) Program	28	

**FEBRUARY 4th at 10:00am (Spanish)**  
*"Chequeos que salvan vidas: todo lo que necesita saber sobre las pruebas de detección del cáncer"*

**FEBRUARY 4th at 11:00am (English)**  
*"Life-Saving Checks: Everything You Need to Know About Cancer Screening"*

**FEBRUARY 5th at 3:00pm**  
*"The Gift of Gratitude"*

**FEBRUARY 19th at 2:00pm**  
*"Healthy Eating for your Best Health in the New Year"*

**FEBRUARY 26th at 3:00Pm**  
*"Memory Shows We Are Connected to the Whole World!"*

**FEBRUARY 27th at 2:00pm**  
*"Financial Exploitations & Scams"*

SHOPP's Caregivers Program is funded by the U.S. Administration National Family Caregiver Support Program through the NYC Department for the Aging.