		EGHBORHOOD ping Older Adults Help Themselves Project	6	cemb	er	2024	82	NORC PROGRAM AT LAFAYETTE ESTATES 25 MORRISON AVE LEVEL C BRONX, NY 10473 WWW.NSHOPP.ORG
Monday		Tuesday		Wednesday		Thursday		Friday
10am - Health Promotion 11am- Line Dance Oldies 12pm- Lunch 1pm- Creative Arts 2pm- Technology Class	2	10am – Crochet Class 11am – Creative Arts - Christmas ornaments 12pm- Lunch 1pm- 3pm Tree Trimming Event	3 RN*	10am- Creative Arts-DF 11am- Technology Class 12pm- Lunch 1pm-Health Promotion 2pm- Line Dance	4 RN*	10am-POOL Lessons 11am-Creative Arts 12pm- Lunch 1pm- Line Dance 2pm- Recreational Games	5	10am- Creative Arts611am - Line Dance12pm- Lunch1pm- Social Friday2pm- NORC Senior Meeting
10am – Health Promotion 11am- Line Dance Oldies 12pm- Lunch 1pm- Creative Arts 2pm- Technology Class	9	10am – Crochet class 11am – Creative Arts 12pm- Lunch 1pm- Recreational Games Christmas Trip 9am-4	10 RN*	10am- Jewelry Making-DF 11am- Technology Class 12pm- Lunch 1pm-Health Promotion 2pm- Line Dance	11 RN*	10am-POOL Lessons 11am-Creative Arts 12pm- Lunch 1pm- Nutrition Education 2pm- Recreational Games	12	10am- Line Dance 11am – Social Friday 12pm- Lunch HOT COCOA BAR AND CHRISTMAS SWEATER DAY 1pm- 3pm
10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm-Health Promotion-DF 2pm – Technology Class	16	10am – Crochet class 11am – Creative Arts 12pm- Lunch 1pm-SAIL Exercise Class 2pm- Recreational Games	17 RN*	10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Health Promotion 2pm-Technology Class	18 RN*	NORC CHRISTMAS PARTY 11-3P	19	10am- Creative Arts2011am - Social Friday12pm- Lunch1pm- Karaoke Christmas Songs2pm- NORC Senior Meeting w Director
10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm-Health Promotion 2pm – Technology Class	23	10am – Crochet class 11am –BINGOCIZE 12pm- Lunch Early Dismissal	24	CLOSED CHRISTMAS DAY	25	10am-POOL Lessons 11am-MetBox Creative Arts 12pm- Lunch 1pm- Line Dance 2pm- Recreational Games	26	NORC AND SOUNDVIEW 27 ALL WHITE NEW YEARS PARTY AND DECEMBER BIRTHDAY CELEBRATION 12-3PM
10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm-Health Promotion	30	10am – Creative Arts 11am –Pool Lessons 12pm- Lunch	31			stmas Party Party (Wear)		(19/24 (19/12/27/24

Early Dismissal

## New Years Party (Wear White!) 12/27/24



2pm – Technology Class

**RN ON SITE TUESDAYS AND WEDNESDAYS** 

**TREE TRIMMING EVENT ON DEC 3 CHRISTMAS TRIP IS DEC 10** 

WEAR YOUR CHRISTMAS SWEATERS ON DEC 13

EARLY DISSMISSAL DEC 24 AND DEC 31ST

**CENTER CLOSED ON DECMEBER 25TH** 

FUNDING PARTNERS

- NYC AGING
- NYC DEPARTMENT OF YOUTH AND **COMMUNITY DEVELOPMENT**
- NYS OFFICE OF VICTIM SERVICES
- NYS DEPRATMENT OF THE AGING