



NEIGHBORHOOD Self Help by Older Persons Project
 Helping Older Adults Help Themselves



OCTOBER 2024

Click on the event titles in the calendar squares to register with Zoom!!!

Click on the event titles in the calendar squares to register for virtual workshops with Zoom. After registering you will receive a confirmation email with information about joining the meeting.

October 9th at 2:00 PM

NYC Poison Center

SHOPP Caregivers Program in Partnership with NYC Poison Center

October 11th at 2:00 PM

SHOPP Breast Cancer Awareness

SHOPP Caregivers Program in Partnership with Adelphi NY Statewide Breast Cancer Hotline & Support Program

October 16th at 2:00 PM

Using Love, the Family, & Age to Like the World

SHOPP Caregivers Program in Partnership with Aesthetic Realism Foundation

October 18th at 2:00 PM

Alzheimer's Disease Hispanics/Latinos/Dawn Research

SHOPP Caregivers Program in Partnership with Alzheimer's Disease Hispanics/Latinos

October 23rd at 2:00 PM

(SHOPP IN-PERSON) Powering up the Mind

975 Kelly Street, Suite 401, Bronx NY 10459

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9 <u>NYC Poison Pervention</u>	10	11  <u>Breast Cancer Awareness</u>	12
13	14 	15	16 <u>Aesthetic Realism Foundation</u>	17	18 <u>Alzheimer's Disease Hispanics/Latinos</u>	19
20	21	22	23 (In-Person)SHOPP Powering up the Mind	24	25	26
27	28	29	30	31 		