



**NEIGHBORHOOD** Self Help by Older Persons Project  
 Helping Older Adults Help Themselves



# OCTOBER 2024

Click on the event titles in the calendar squares in the calendar squares to register with Zoom!!!

Click on the event titles in the calendar squares to register for virtual workshops with Zoom. After registering you will receive a confirmation email with information about joining the meeting.

**October 9th at 2:00 PM**

**NYC Poison Center**

SHOPP Caregivers Program in Partnership with NYC Poison Center

**October 11th at 2:00 PM**

**SHOPP Breast Cancer Awareness**

SHOPP Caregivers Program in Partnership with Adelphi NY Statewide Breast Cancer Hotline & Support Program

**October 16th at 3:00 PM**

**Using Love, the Family, & Age to Like the World**

SHOPP Caregivers Program in Partnership with Aesthetic Realism Foundation

**October 18th at 2:00 PM**

**Alzheimer's Disease Hispanics/Latinos/Dawn Research**

SHOPP Caregivers Program in Partnership with Alzheimer's Disease Hispanics/Latinos

**October 23rd at 2:00 PM**

**(SHOPP IN-PERSON) Powering up the Mind**

975 Kelly Street, Suite 401, Bronx NY 10459

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9 <u>NYC Poison Pervention</u>	10	11  <u>Breast Cancer Awareness</u>	12
13	14 	15	16 <u>Aesthetic Realism Foundation</u>	17	18 <u>Alzheimer's Disease Hispanics/Latinos</u>	19
20	21	22	23 <u>(In-Person)SHOPP Powering up the Mind</u>	24	25	26
27	28	29	30	31 		