


September

2024

Lafayette Estates – NORC Program
825 Morrison Ave, Bronx, NY 10473
718-617-2216
WWW.NSHOPP.ORG



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	10am – Crochet class 11am – Creative Arts 12pm- Lunch 1pm-Nutrition Education- NY Common Pantry 2pm- Recreational Games *RN on site	10am- Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class *RN on site	10am- Creative Arts 11am –Art Class with Avril 12pm- Lunch 1pm Bingocize 16 2pm –Recreational Games	10am- Creative Arts Grandparents Day 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm- Karaoke

<p>9</p> <p>10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm-Health Promotion 2pm – Technology Class</p>	<p>10</p> <p>10am – Crochet class 11am – Creative Arts 12pm- Lunch 1pm-Bingocize 17 2pm- Recreational Games</p> <p>*RN on site</p>	<p>11</p> <p>10am- Jewelry Making 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class</p> <p>*RN on site</p>	<p>12</p> <p>10am-POOL Lessons 11am-Creative Arts 12pm- Lunch 1pm-Bingocize 18 2pm- Recreational Games</p>	<p>13</p> <p>10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm -Cricut Class 3 2pm- NORC Senior Meeting</p>
<p>16</p> <p>10am – Health Promotion 11am- Line Dance Oldies 12pm- Lunch 1pm- Fueled By Engagement- Hispanic Heritage Month 2pm- Technology Class</p> <p>Hispanic Heritage Month Begins</p>	<p>17</p> <p>10am – Crochet Class 11am – Recreational Games 12pm- Lunch 1pm- Bingocize 19 2pm- Fueled by Engagement- Spanish Lessons</p> <p>*RN on site</p>	<p>18</p> <p>10am- Technology Class 11am- Health Promotion 12pm- Lunch</p> <p>1pm- Movie Day</p> <p>*RN on site</p>	<p>19</p> <p>10am- POOL Lessons 11am – Creative Arts 12pm- Lunch 1pm Bingocize 20 2pm –Fueled by Engagement- Spanish Lessons</p>	<p>20</p> <p>10am – Creative Arts 12pm- Lunch</p> <p>11am- 3pm Senior Olympics</p>
<p>23</p> <p>10am – Health Promotion 11am- Line Dance Oldies 12pm- Lunch 1pm- Creative Arts 2pm- Technology Class</p>	<p>24</p> <p>10am- Crochet Class 11am- Met Box Creative Arts 12pm-Lunch 1pm- Bingocize 21 2pm- Fueled by Engagement – Spanish Lessons</p> <p>*RN on site</p>	<p>25</p> <p>10am- Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class</p> <p>*RN on site</p>	<p>26</p> <p>10am - POOL Lessons 11am – Creative Arts 12pm- Lunch 1pm- Bingocize Final 2pm-Elder Abuse Presentation</p>	<p>27</p> <p>10am – Creative Arts 11am – Line Dance 12pm- Lunch 1pm- NORC Senior Meeting w Chris 2pm- September Birthday Celebration</p>
<p>30</p> <p>10am – Health Promotion 11am- Line Dance Oldies 12pm- Lunch 1pm- Creative Arts 2pm- Technology Class</p>				

FUNDING PARTNERS

- NYC Department for the Aging
- NYC Department of Youth and Community Development
- New York State Office of Victim Services
- New York State Office for the Aging