


JULY

2024

Lafayette Estates – NORC Program
825 Morrison Ave, Bronx, NY 10473
718-617-2216
WWW.NSHOPP.ORG



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
10am- Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class	10am- Creative Arts 11am- Crochet Class 12pm- Lunch 1pm- Line Dance 2pm- Recreational Games *RN on site	10am – Jewelry Making 11am – Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class *RN on site	<p>Closed for 4th of July</p>  <p><small>www.nshoppp.org</small></p>	10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm- Karaoke

<p>8</p> <p>10am – Creative Arts 11am- Line Dance 12pm- Lunch 1pm- Nutrition Education- NY Common Pantry 2pm – Technology Class</p>	<p>9</p> <p>10am – Creative Arts 11am – Crochet Class 12pm- Lunch 1pm- VNS PRESENTATION 2pm- Chair Exercise</p> <p>*RN on site</p>	<p>10</p> <p>10am- Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class</p> <p>*RN on site</p>	<p>11</p> <p>10am-Creative Arts 11am-POOL Lessons 12pm- Lunch 1pm-Bingocize RETURNS 2pm- Recreational Games</p>	<p>12</p> <p>10am –NORC Quarterly Brunch 11am – Line Dance 12pm- Lunch 1pm- NORC Senior Meeting 2pm- Karaoke</p>
<p>15</p> <p>10am – Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Ridgewood Savings Bank Presentation 2pm- Technology Class</p>	<p>16</p> <p>10am – Creative Arts 11am – Crochet Class 12pm- Lunch 1pm- Bingocize 2 2pm- Recreational Games</p> <p>*RN on site</p>	<p>17</p> <p>10am- Cricut Class 1 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class</p> <p>*RN on site</p>	<p>18</p> <p>10am- Creative Arts 11am – POOL Lessons 12pm- Lunch 1pm Bingocize 3 2pm –Recreational Games</p>	<p>19</p> <p>10am – Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm-NORC Senior Meeting w Chris</p>
<p>22</p> <p>10am – Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair exercise 2pm- Technology Class</p>	<p>23</p> <p>10am- Creative Arts 11am- Crochet Class 12pm-Lunch 1pm- Bingocize 4 2pm- Recreational Games</p>	<p>24</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch 1pm-Movie Day</p>	<p>25</p> <p>10am- Met Box Creative Arts 11am – POOL Lessons 12pm- Lunch 1pm- Bingocize 5 2pm-Recreational Games</p>	<p>26</p> <p>NORC BBQ Soundview Park 11-3</p>
<p>29</p> <p>10am – Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair exercise 2pm- Technology Class</p>	<p>30</p> <p>10am- Creative Arts 11am- Crochet Class 12pm-Lunch 1pm- Bingocize 6 2pm- Recreational Games</p> <p>*RN on site</p>	<p>31</p> <p>10am- Creative Arts 11am- Line Dance 12pm- Lunch 1pm-POOL Lessons 2pm- July Birthday Celebration</p> <p>*RN on site</p>		

FUNDING PARTNERS

- NYC Department for the Aging
- NYC Department of Youth and Community Development
- New York State Office of Victim Services
- New York State Office for the Aging