

# MAY

## 2024

**Lafayette Estates – NORC Program**  
**825 Morrison Ave, Bronx, NY 10473**  
**718-617-2216**  
**WWW.NSHOPP.ORG**



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<b>ART EXPO</b> <b>11am-3pm</b>  *RN on site	10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- SAIL Session 8 2pm-Recreational Games	10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday <b>2pm-NORC Senior Meeting</b>

<p>6</p> <p>10am – Creative Arts 11am- Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm – Technology Class</p>	<p>7</p> <p>10am – Creative Arts-DF 11am – Chair Exercise 12pm- Lunch 1pmSAIL Session 9 2pm- Recreational Games</p> <p>*RN on site</p>	<p>8</p> <p>10am- Creative Arts 11am- Recreational Games 12pm- Lunch</p> <p>Mothers day trip</p> <p>*RN on site</p>	<p>9</p> <p><b>CLOSED IN THE AM FOR MEETING</b></p> <p>12pm- Lunch 1pm-SAIL Session 10 2pm- Technology Class</p>	<p>10</p> <p>10am – Creative Arts 11am – Line Dance 12pm- Lunch 1pm-Talent is Timeless Round 1 2pm-Karaoke</p>
<p>13</p> <p>10am – Creative Arts 11am- Health Promotion-DF 12pm- Lunch 1pm – Nutrition Education- NY Common Pantry 2pm- Technology Class</p>	<p>14</p> <p>10am – Creative Arts 11am – Crochet Class 12pm- Lunch 1pm- SAIL Session 11 2pm-LINK HOME CARE PRESENTATION</p> <p>*RN on site</p>	<p>15</p> <p>10am – Jewelry Making- DF 11am – Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm-Make your own Salad Day!</p> <p>*RN on site</p>	<p>16</p> <p>10am- Creative Arts 11am – POOL Lessons 12pm- Lunch 1pm –SAIL Session 12 2pm –Fueled by Engagement- Older Americans Month</p>	<p>17</p> <p>10am - Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm-Recreational Games</p>
<p>20</p> 	<p>21</p> <p>10am- Creative Arts 11am- Crochet Class 12pm-Lunch 1pm- SAIL Session 13 2pm- Technology Class</p> <p>*RN on site</p>	<p>22</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch</p> <p>1pm-Movie Day</p> <p>*RN on site</p>	<p>23</p> <p>10am- Creative Arts 11am – POOL Lessons 12pm- Lunch 1pm- SAIL Session 14 2pm-Recreational Games</p>	<p>24</p> <p>10am – Creative Arts 11am – Line Dance 12pm- Lunch 12:30- NORC Senior Meeting w Chris</p> <p>Early Dismissal</p>
<p>27</p> 	<p>28</p> <p>10am – Crochet Class 11am –Met Box Creative Arts 12pm- Lunch 1pm-SAIL Session 15 2pm- Technology Class</p> <p>*RN on site</p>	<p>29</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm-Technology Class</p> <p>*RN on site</p>	<p>30</p> <p>10am- Creative Arts 11am – POOL Lessons 12pm- Lunch 1pm- SAIL Session 16 2pm-May Birthday Celebration</p>	<p>31</p> <p>10am- Recreational Games 11am- Social Friday 12pm- Lunch</p> <p>Field Day</p>

**FUNDING PARTNERS**

- NYC Department for the Aging
- NYC Department of Youth and Community Development
- New York State Office of Victim Services
- New York State Office for the Aging