

MARCH

2024

Lafayette Estates – NORC Program
825 Morrison Ave, Bronx, NY 10473
718-617-2216
WWW.NSHOPP.ORG



Monday	Tuesday	Wednesday	Thursday	Friday
				10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm-Karaoke

<p>4</p> <p>10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm – Nutrition Education- NY Common Pantry 2pm – Technology Class</p>	<p>5</p> <p>10am – Creative Arts 11am – Crochet Class 1pm- Lunch 1pm- Chair Exercise 2pm- Recreational Games</p>	<p>6</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch 1pm- Chair Exercise 2pm- Technology Class</p>	<p>7</p> <p>10am- Creative Arts-DF 11am – Chair Exercise 12pm- Lunch 1pm-Medicaid Fraud Presentation 2pm- POOL Lessons</p>	<p>8</p> <p>10am - Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Fueled by Engagement-women’s day 2pm-NORC Senior Meeting</p>
<p>11</p> <p>10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm – Health Promotion-DF 2pm- Technology Class</p>	<p>12</p> <p>10am – Creative Arts 11am – Crochet Class 12pm- Lunch 1pm- Chair Exercise 2pm- Elder Abuse Presentation</p>	<p>13</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch 1pm-POOL Lessons 2pm-Technoolgy Class</p>	<p>14</p> <p>10am- Creative Arts 11am – Crochet class 12pm- Lunch 1pm –Line Dance 2pm –Fueled by Engagement-women’s history trivia</p>	<p>15</p> <p>10am - Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm- Karaoke (POOL Tournament Round 1 at GUESS OAC)</p>
<p>18</p> <p>10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm – Health Promotion 2pm – Technology Class</p>	<p>19</p> <p>10am- Creative Arts 11am- Crochet Class 12pm-Lunch 1pm- Chair Exercise 2pm-Jewelry Making-DF</p>	<p>20</p> <p>10am – Creative Arts 11am – Health Promotion 12pm- Lunch 1pm-Movie Day</p>	<p>21</p> <p>10am- Creative Arts 11am – Crochet class 12pm- Lunch 1pm- POOL Lessons 2pm-Recreational Games</p>	<p>22</p> <p>10am - Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm- Recreational Games (POOL Tournament Final at Casa Boricua)</p>
<p>25</p> <p>10am – Creative Arts 11am- Chair Exercise 12pm- Lunch 1pm – Health Promotion 2pm – Technology Class</p>	<p>26</p> <p>10am – Creative Arts 11am – Crochet Class 12pm- Lunch 1pm-Chair Exercise 2pm- Recreational Games</p>	<p>27</p> <p>10am- Creative Arts 11am – Health Promotion 12pm- Lunch 1pm- Technology Class 2pm- Women’s Month Tea Party</p>	<p>28</p> <p>10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- POOL Lessons 2pm- Recreational Games</p>	<p>29</p> <p>10am - Creative Arts 11am – Line Dance 12pm- Lunch 1pm- March Madness Tournament</p>

FUNDING PARTNERS

- NYC Department for the Aging
- NYC Department of Youth and Community Development
- New York State Office of Victim Services
- New York State Office for the Aging