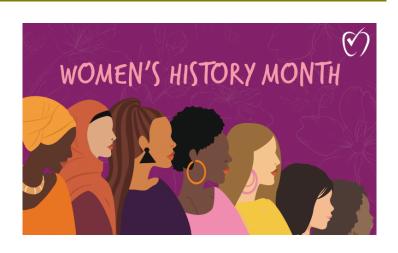
MARCH

2024

Lafayette Estates – NORC Program 825 Morrison Ave, Bronx, NY 10473 718-617-2216 WWW.NSHOPP.ORG







Monday	Tuesday	Wednesday	Thursday	Friday
				10am- Creative Arts 11am – Line Dance 12pm- Lunch 1pm- Social Friday 2pm-Karaoke

am – Creative Arts am – Crochet Class	10am - Creative Arts	10am- Creative Arts-DF	10am - Creative Arts
am – Crochet Class		Touris Ordanie Arto Di	Ivaiii - Creative Arts
	11am – Health Promotion	11am - Chair Exercise	11am – Line Dance
m- Lunch	12pm- Lunch	12pm- Lunch	12pm- Lunch
m- Chair Exercise	1pm- Chair Exercise	1pm-Medicaid Fraud Presentation	1pm- Fueled by Engagement-
m- Recreational Games	2pm- Technology Class	2pm- POOL Lessons	women's day
			2pm-NORC Senior Meeting
12	13	14	15
am - Creative Arts	10am - Creative Arts	10am- Creative Arts	10am - Creative Arts
am – Crochet Class	11am - Health Promotion	11am - Crochet class	11am – Line Dance
pm- Lunch	12pm- Lunch	12pm- Lunch	12pm- Lunch
m- Chair Exercise	1pm-POOL Lessons	1pm -Line Dance	1pm- Social Friday
m- Elder Abuse Presentation	2pm-Technoolgy Class	2pm –Fueled by Engagement-	2pm- Karaoke
		women's history trivia	(POOL Tournament Round 1 at GUESS OAC)
19	20	21	22
am- Creative Arts	10am – Creative Arts	10am- Creative Arts	10am - Creative Arts
am- Crochet Class	11am - Health Promotion	11am – Crochet class	11am – Line Dance
pm-Lunch	12pm- Lunch	12pm- Lunch	12pm- Lunch
m- Chair Exercise	1pm-Movie Day	1pm- POOL Lessons	1pm- Social Friday
m-Jewelry Making-DF		2pm-Recreational Games	2pm- Recreational Games
, ,		•	(POOL Tournament Final at Casa Boricua)
26	27	28	29
am – Creative Arts	10am- Creative Arts	10am- Creative Arts	10am - Creative Arts
am – Crochet Class	11am - Health Promotion	11am – Line Dance	11am – Line Dance
pm- Lunch	12pm- Lunch	12pm- Lunch	12pm- Lunch
m-Chair Exercise	1pm- Technology Class	1pm- POOL Lessons	1pm- March Madness
m- Recreational Games	2pm- Women's Month Tea Party	2pm- Recreational Games	Tournament
a a p n n a a p n	12 Im – Creative Arts Im – Crochet Class Im – Crochet Class Im – Chair Exercise Im – Elder Abuse Presentation 19 Im – Creative Arts Im – Crochet Class Im – Chair Exercise Im – Chair Exercise Im – Creative Arts Im – Creative Arts Im – Creative Arts Im – Crochet Class Im – Chair Exercise	12 Im - Creative Arts Im - Crochet Class Im - Chair Exercise In- Elder Abuse Presentation 19 Im - Creative Arts Inm - Chair Exercise In- Elder Abuse Presentation 19 Im - Creative Arts Im - Creative Arts Im - Creative Arts Inm - Creative Arts Inm - Creative Arts Inm - Chair Exercise Inm- Chair Exercise Inm- Creative Arts Inm - Chair Exercise Inm - Creative Arts Inm - Creative Art	12

FUNDING PARTNERS

- NYC Department for the Aging
- NYC Department of Youth and Community Development
- New York State Office of Victim Services
- New York State Office for the Aging