



NEIGHBORHOOD Self Help by Older Persons Project
 Helping Older Adults Help Themselves

Click on the event titles in the calendar squares to register with Zoom. After registering you will receive a confirmation email with information about joining the meeting.

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JANUARY 2023

- Jan. 4th at 2:00 PM**
Caregiver Name Game
 SHOPP Caregivers Program
- Jan. 11th at 1:30 PM**
*****Advanced Directives: Difficult but Important Conversations*****
 SHOPP Caregivers Program in Partnership with MJHS Hospice and Palliative Care
- Jan. 12th at 12:00 PM**
Pooled Income Trusts 101
 SHOPP Caregivers Program in Partnership with LIFE, Inc. Pooled Trusts
- Jan. 13th at 3:00 PM**
Medicaid Home Care 101
 SHOPP Caregivers Program in Partnership with Bronx Legal Services
- Jan. 18th at 3:00 PM**
*****Understanding and Responding to Dementia-Related Behaviors*****
 SHOPP Caregivers Program in Partnership with Alzheimer's Association NYC Chapter
- Jan. 19th at 1:00 PM**
*****DIY Milk Jug Planter Decorating*****
 SHOPP Caregivers Program in Partnership with Alzheimer's Association NYC Chapter
- Jan. 20th at 3:00 PM**
Memory Shows We Are Connected to the Whole World
 SHOPP Caregivers Program in Partnership with The Aesthetic Realism Foundation
- Jan. 25th at 3:00 PM**
Cervical Cancer Health Checkup
 SHOPP Caregivers Program in Partnership with SHARE Cancer Support Program

Workshop topics with *asterisks*** are hybrid. Hybrid classes can be joined virtually on Zoom or in person at SHOPP's main office located at: 975 Kelly Street, Suite 401, Bronx, NY 10459**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Caregiver Name Game at 2:00 PM	5	6	7
8	9	10	11 Advanced Directives: Difficult but Important Conversations at 1:30 PM	12 Pooled Income Trusts 101 at 12:00 PM	13 Medicaid Home Care 101 at 3:00 PM	14
15	16	17	18 Understanding and Responding to Dementia-Related Behaviors at 3:00 PM	19 DIY Milk Jug Planter Decorating at 1:00 PM	20 Memory Shows We Are Connected to the Whole World at 3:00 PM	21
22	23	24	25 Cervical Cancer Health Checkup at 3:00 PM	26	27	28
29	30	31				