

The Caregivers program is funded by the U.S. Administration National Family Caregiver Support Program through the New York City Department for the Aging.

All services are **CONFIDENTIAL** and are provided by our staff of professional social workers with years of experience working with the aging population.

Bilingual staff are available upon request.

Neighborhood SHOPP does not discriminate on the basis of race, color, religion, national origin, sex, age, disability or any other status in the delivery of services or employment practices.



NEIGHBORHOOD Self Help by Older Persons Project
Helping Older Adults Help Themselves

975 Kelly Street, Suite 401, Bronx, NY 10459

For Intake and Referral, contact us at (718) 542-0006 or email us at caregivers@nshopp.org.

Hablamos Español



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Caregivers Program



**While you care for others,
we care for you!**

There are an estimated 900,000 to 1.3 million unpaid caregivers in New York City. A majority of unpaid caregivers provide at least 30 hours of care each week, with many spending 40 or more hours a week providing care. A majority of caregivers are women and at least 50 years old.

Are you a Caregiver?

- Do you help a loved one or friend with Activities of Daily Living including bathing, dressing, and grooming?
- Do you help a loved one or friend with Instrumental Activities of Daily Living including grocery shopping, laundry, meal prep, and housekeeping?
- Do you accompany a loved one or friend to hospital and other appointments?
- Do you help a loved one or friend with picking up medications or taking medications daily?
- Do you help a loved one or friend with financial management and bill pay?
- Have you had to take time off from work to attend to and care for a loved one or friend?
- Are you a grandparent or adult over 55 years of age and caring for a child 18 and under?
- Are you caring for a disabled person?

If you answered YES to any of these questions, you are a **caregiver** and are eligible for services and support from SHOPP's Caregivers Program.



Neighborhood SHOPP's Caregivers Program

is designed to assist and support informal and formal caregivers in their journey in caring for a loved one.



Services Provided by Neighborhood SHOPP's Caregivers Program:

- Advocacy
- Assistance and Access to services and entitlements including Medicaid, MLTC home care, and SNAP
- Counseling and emotional support
- Educational workshops
- Funding and purchase of Supplemental items including assistive devices, personal care items, PERS, clothing, etc.
- In home visits for assessment and provision of services
- Information and referrals
- Respite in the form of short-term home care, social adult or medical day center, overnight respite, and childcare
- Support Groups